
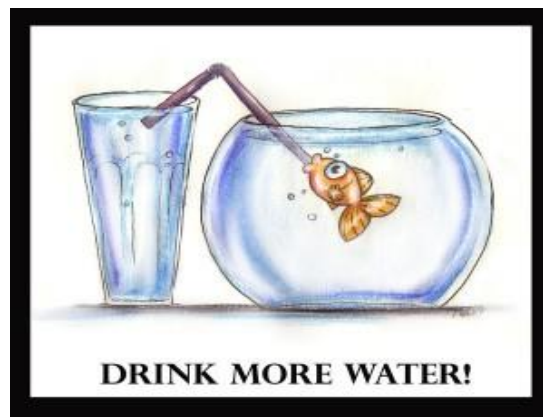




SFSP Breakfast

July 2019


Monday 7/1	Tuesday 7/2	Wednesday 7/3	Thursday, 7/4	Friday 7/5
Blueberry Muffin Fruit Milk	Pancake wrap Fruit Milk	Breakfast Burrito Fruit Milk	 <i>Happy 4th of July</i>	Cereal Cheese stick Fruit Milk
Monday 7/8	Tuesday 7/9	Wednesday 7/10	Thursday 7/11	Friday 7/12
Whole grain Bagel Crème cheese Fruit Milk	Nutri-grain Bar Cheese stick Fruit Milk	Breakfast sandwich Fruit Milk	Mini waffle Syrup Fruit Milk	Cereal Cheese stick Fruit Milk
Monday 7/15	Tuesday 7/16	Wednesday 7/17	Thursday 7/18	Friday 7/19
Blueberry Muffin Fruit Milk	Breakfast Pizza Fruit Milk	French toast stick syrup Fruit Milk	Yogurt Animal crackers Fruit Milk	Cereal Cheese stick Fruit Milk
Monday 7/22	Tuesday 7/23	Wednesday 7/24	Thursday 7/25	Friday 7/26
Cinnamon roll Fruit Milk	Yogurt Animal crackers Fruit Milk	Peanut butter & Jelly sandwich Fruit Milk	Pancakes syrup Fruit Milk	Cereal Cheese stick Fruit Milk





**SFSP Lunch**

**July 2019**

Monday 7/1	Tuesday 7/2	Wednesday 7/3	Thursday, 7/4	Friday 7/5
P.B. & Jelly on Whole wheat <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Chicken tenders <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Corn dog <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	 <i>Happy 4th of July</i>	<b>Cooks choice</b>
Monday 7/8	Tuesday 7/9	Wednesday 7/10	Thursday 7/11	Friday 7/12
Cheeseburger <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Spaghetti <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Bean burrito <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	pepperoni Pizza <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	<b>Cooks choice</b>
Monday 7/15	Tuesday 7/16	Wednesday 7/17	Thursday 7/18	Friday 7/19
Chicken Sandwich <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Mac & cheese with ham <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	BBQ sandwich <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Beef Goulash <b>Fruit</b> <b>Mashed Potatoes</b> <b>Milk</b>	<b>Cooks choice</b>
Monday 7/22	Tuesday 7/23	Wednesday 7/24	Thursday 7/25	Friday 7/26
Bean Burrito <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Cheese Pizza <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Corn dog <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	Chicken tenders <b>Fruit</b> <b>Vegetable</b> <b>Milk</b>	<b>Cooks choice</b>

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Menu items are subject to availability

